

入学・進級おめでとございます

花の便りが各地で聞かれる季節になりました。いよいよ新年度のスタートです。子どもたちが元気に学校生活を送れるよう、「安心・安全でおいしい学校給食をつくる」をモットーに心を込めて給食を届けます。

生駒市内の小学校12校、中学校8校の給食を給食センターで作っています！



献立表をぜひご活用ください！



献立表を毎月配布します。給食に出なかった食品を朝食、夕食、間食で補うことで、1日に食べる食品数が増え、栄養バランスがアップします。目を通していただき、ご家庭の献立や食生活の参考にご活用ください。

Main menu table for April 10th and 11th. Columns include Date, Menu Name, Food Name, and Allergens. Includes energy and protein values at the bottom.

Main menu table for April 12th, 13th, and 16th. Columns include Date, Menu Name, Food Name, and Allergens. Includes energy and protein values at the bottom.

Section for 'Shikoku School Lunch' (生駒市の学校給食). Includes 'Shikoku School Lunch' logo, '献立名' (Menu Name) explanation, and '食育の日・わ食の日' (Shikoku School Lunch Day) details.

Table with red circles highlighting allergen information for specific menu items like 'れんごんのきんぴら' and 'すまじる'.

Section for '3つのグループの栄養' (Nutrition of 3 groups). Includes a circular diagram showing food groups (Yellow, Red, Green) and their benefits.

Section for '食育の日・わ食の日' (Shikoku School Lunch Day). Includes '毎月19日は「食育の日・わ食の日」' and details about the event, such as using local products and providing traditional food.

Section for 'アレルギー表示対象品目' (Allergen-labeled items). Includes a table of allergen-labeled items and a QR code for the '献立アプリ' (Menu App).

Section for '給食当番の約束を守ろう！' (Let's follow the school lunch duty rules!). Includes a cartoon character and a list of rules for school lunch duty.

Table for '今月の平均栄養量' (Average monthly nutrition). Lists energy, protein, fat, calcium, iron, and vitamins B1, B2, C.

